

**Riverwood Center (Berrien)**

Niles 684-4270  
Medicaid and sliding scale  
[www.riverwoodcenter.org](http://www.riverwoodcenter.org)

**Woodlands Behavioral Health (Cass)**

Cassopolis (269) 445-2451  
Medicaid and sliding scale  
[www.woodlandsbhn.org](http://www.woodlandsbhn.org)

**Haelan Counseling Center**

Niles 683-8972  
Some Medicaid and reduced fees

**Southwestern Medical Clinic**

**Counseling & Psych. Services**  
Niles & Buchanan (269) 429-7727  
Some Medicaid  
[www.lakelandhealth.org/swmc](http://www.lakelandhealth.org/swmc)

**Niles Community Health Center**

Medical care & Counseling:  
(269) 262-4749  
Dental: (269) 262-4364  
[www.cassfamilyclinic.org](http://www.cassfamilyclinic.org)

**Andrews University**

Berrien Springs (269) 471-6238  
Free Counseling from graduate  
students under faculty supervision  
[www.andrews.edu/counseling](http://www.andrews.edu/counseling)

**Circle of Hope**

Stevensville (269) 757-1483  
Youth and family counseling  
Social Skills and Peer groups  
[www.circleofhopellc.com](http://www.circleofhopellc.com)

**Shepard House Counseling**

Cassopolis (269) 445-0999  
Some Medicaid  
[www.shepardhousecounseling.com](http://www.shepardhousecounseling.com)

**Northstar Center**

St. Joseph (269) 982-7844  
Psychiatric services  
Some Medicaid and sliding scale  
[www.northstarcenter.org](http://www.northstarcenter.org)

**Freedom Counseling Center**

St. Joseph (269) 982-7200  
Some Medicaid and sliding scale  
[www.freedomcounselingusa.com](http://www.freedomcounselingusa.com)

**M Longley Counseling & Consulting**

Niles 687-5050  
Some Medicaid and sliding scale  
[www.mlongleycounseling.com](http://www.mlongleycounseling.com)

**Psychology Associates**

Mishawaka (574) 254-1700  
St. Joseph (269) 983-4751  
Private insurance

**Center(ed) on Wellness**

Niles 683-7604  
Some Medicaid and sliding scale  
[www.centeredonwellness.info](http://www.centeredonwellness.info)

**Secure Counseling & Psych.**

Berrien Springs 471-4530

**Lory's Place**

St. Joseph, MI (800) 717-3812  
Free support services for grief  
[www.lorysplace.org](http://www.lorysplace.org)

**Gryphon Place**

(269) 381- HELP (4357)  
Kalamazoo - 24 hour help line for anyone  
in crisis & conflict  
[www.gryphon.org](http://www.gryphon.org)

**National Suicide Prevention Lifeline**

(800) 273-8255  
24/7 free and confidential support  
[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**OK2SAY**

(855) 565-2729/ text 652729  
Confidentially report harmful/threatening  
student behavior  
[www.ok2say.com](http://www.ok2say.com)

**Depression & Bipolar Support Alliance**

(800) 826-3632  
Support group & education  
[www.dbsalliance.org](http://www.dbsalliance.org)

**The ARK Shelter**

Kalamazoo (800) 873-8336  
Up to a 3 week voluntary stay  
& counseling for youth in crisis

**Sonya Ansari Center for Autism**

South Bend (574) 289-4831  
Assists those with Autism Spectrum  
Disorders and their families with support,  
information, resources and services.  
[www.ansaricenterforautism.org](http://www.ansaricenterforautism.org)

**The Out Center**

(269) 925-8330  
Provides support and advocacy for LGBT  
persons and their families in Berrien Cnty  
[www.outcenter.org](http://www.outcenter.org)

**Berrien County Health Dept.**

Niles 684-2800

Shots, substance abuse, WIC

**Van Buren & Cass Health Dept.**

Cassopolis/Dowagiac 782-0064

Medical, dental, substance abuse

**Department of Human Services**

Benton Harbor (269) 934-2000

Medicaid, Healthy Kids, MICHild,

food, child support, utilities

[www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs)

**Disability Network, SWMI**

(269) 985-0111

Resources for those with physical,  
cognitive or emotional disabilities

[www.dnswm.org](http://www.dnswm.org)

**My Way There**

[www.mywaythere.org](http://www.mywaythere.org)

Helps people find transportation  
around Southwest Michigan

**Michigan Works!**

(269) 927-1799

Provides training, educational and  
career services to youth & adults

[www.michiganworks.org](http://www.michiganworks.org)

**Child & Adult Protective Services**

1-855-444-3911

To report suspected abuse or neglect  
of a child or adult

**St. Mary's Christian Service Center**

684-0637

Assists with food and prescriptions

**Safe Shelter**

(269) 925-9500

Serves women & children who are  
victims of domestic violence

**Intercare Community Health Network**

1-855-869-6900

Provides medical, dental, mental health

Medicaid and sliding scale

[www.intercare.org](http://www.intercare.org)

**Southwest MI Community Action Agency**

(269) 925-9077

Emergency food, utility and temporary  
housing assistance

[www.smcaa.com](http://www.smcaa.com)

**Feed America West Michigan**

[www.feedwm.org](http://www.feedwm.org)

Mobile food pantries

**Salvation Army of Niles**

684-2660

Assists with food, clothing, medicine,  
rent, housing, furniture, utilities

**Neighbor to Neighbor**

(269) 471-7411/ Tues. & Thurs.

Assists with food, clothing, household items

[www.n2nhelps.com](http://www.n2nhelps.com)

**Emergency Shelter Services**

(269) 925-1131

Serves low income and homeless women and  
children

**Niles Community Schools****Community Resources****United Way 2-1-1**

211 or 1-800-310-5454

Free and confidential community helpline  
available 24 hours a day, 7 days a week

**Parent Net**

[www.berriencountyparentnet.org](http://www.berriencountyparentnet.org)

Helps connect parents to Berrien  
County resources

**Ferry Street Resource Center**

687-9860; Mon. & Wed. 10-5

Assists with emergency relief, DHS  
issues, employment, other referrals

[www.ferrystreet.org](http://www.ferrystreet.org)

**Partnership for Prescription Assistance**

[www.pparx.org](http://www.pparx.org)

Helps find medicine assistance  
programs for those without coverage

**Sight for Students**

[www.sightforstudents.org](http://www.sightforstudents.org)

Provides certificates for eye care and  
glasses to low-income, uninsured children